

# LEADERSHIP PROGRAMME ON MENTAL HEALTH SYSTEMS DEVELOPMENT AND PUBLIC HEALTH POLICY

NEW DELHI - MELBOURNE

For Medical  
Administrators in  
Autonomous, Central and  
State Governments aided  
Health Institutions in  
the Country



M E L B O U R N E

Jointly organised by



PARI Training  
Institute,  
New Delhi

Melbourne School of  
Population & Global Health,  
University of Melbourne

Email: [pari.parliament@gmail.com](mailto:pari.parliament@gmail.com)  
Visit: [www.pari.parliament.org](http://www.pari.parliament.org)

## UPCOMING BATCH

### Course Schedule

**Batch IV : 10-18 February, 2023**

**Batch V : 19-27 May, 2023**

### Last date for nominations

**December 16, 2022**

**February 28, 2023**

### LEADERSHIP PROGRAMME FOR MENTAL HEALTH SYSTEMS DEVELOPMENT AND PUBLIC HEALTH POLICY

#### Why this Programme?

Mental Health is becoming a dominating public health issue in the world and a report by the World Health Organization (WHO) revealed that 7.5 per cent of the Indian population suffers from mental disorder but unfortunately but very few experts are available to handle these cases. Consequently, the International Course titled Leadership Programme for Mental Health Systems Development and Public Health Policy is designed to help the officers responsible for tackling this major national problem. The one-week course in New Delhi & Melbourne will give participants exposure to Mental Health Laws, Policies, and services provided to vulnerable groups in society and their social inclusion, as well as the opportunity to compare mental health systems operating in India and Australia. This course will immensely help in Capacity Building of the officials working in the area of Mental Health to strengthen mental health systems.

#### About the Course

Leadership Programme for Mental Health Systems Development and Public Health Policy is a comprehensive capacity building exercise in efficient mental healthcare delivery for developing countries. It addresses the fundamental problems plaguing the mental healthcare infrastructure of India. The course is structured to take a multidisciplinary approach in tackling the sensitive issue of mental healthcare in India.

#### About Global and Cultural Mental Health Unit, University of Melbourne

The Global and Cultural Mental Health Unit, University of Melbourne works to improve mental health and reduce mental illness in low resource settings and among vulnerable populations in Australia and internationally. Prof. Harry Minas, Head, Global and Cultural Mental Health Unit is a world renowned mental health expert.

#### ABOUT THE PARI TRAINING INSTITUTE

PARI Training Institute was established with a view to undertake meaningful research on parliamentary, administrative and policy issues in India and provide capacity building courses which enable the stakeholders to deal with policy formulation and implementation efficiently. The capacity building courses which include Public Policy Management, Public Health Policy Administration and Leadership Programme for Mental Health Systems Development and Public Health Policy are tailor-made for Health Administrators of the Central Government, State Government, Autonomous bodies and centrally aided institutions. The Faculty at the PARI is headed by Sh. S. Bal Shekar, Former Secretary General, Lok Sabha.

**Duration:** 7 Days

**Eligibility:** Any Officer nominated by the Competent Authority

**Fees:** 3,50,000 + 18% GST.

(The fee include Training fee in New Delhi and Melbourne, Australia, 7 nights (Sunday night to Saturday night) 3 star Hotel accommodation with breakfast in Melbourne, pick up and drop service at Melbourne Airport, Visa charges.)

**Note:** It does not include travel fare from New Delhi to Melbourne and return; domestic travel to Delhi and return; accommodation and local conveyance; also it does not include meals in Melbourne.

#### Context and Justification

A capacity building customized programme titled "Leadership Programme on Mental Health System Development in collaboration with Centre for Mental Health of the Melbourne School of Population & Global Health, University of Melbourne designed for medical administrators in government aided hospitals and research institutes in India to enable the participants to learn how the Understanding of Mental Health Services is key to provide an integrated health delivery to the people in India. The course will sensitise the participants towards delivery of health services to its population in a public service set up and provide the opportunity to the participants to interact with various mental health policy makers, and implementing professionals in order to understand the health policy parameters in Australian decision making processes, best health services delivery system etc. along with its challenges.

#### Tangible Outcome

The proposed course is an ideal mix of lectures, mental health centre visits and interactions. It will give excellent exposure to the Participants who are implementers of the various government mental health schemes on the ground in India. Since Australia especially State of Victoria has done tremendous work in the field of mental health delivery system in the world, the interactions with various health professionals and experts working in the area of Mental Health in Melbourne and learning from them will be a very rich tangible outcome for the participants.

### LEADERSHIP PROGRAMME FOR MENTAL HEALTH SYSTEMS DEVELOPMENT AND PUBLIC HEALTH POLICY

Proposed Date: 10-18 February, 2023	
10 February, 2023 (Friday)	Orientation Lectures in New Delhi
11 February, 2023 (Saturday)	Departure from New Delhi
12 February, 2023 (Sunday)	Arrival in Melbourne
13-17 February, 2023 (Monday - Friday)	Detailed Training Programme Organised by Melbourne University, Australia. Tentative Schedule enclosed
18 February, 2023 (Saturday)	Cultural visits
19 February, 2023 (Sunday)	Departure from Melbourne

\*V<sup>th</sup> Batch will be organised on similar lines.

## LEADERSHIP PROGRAMME FOR MENTAL HEALTH SYSTEMS DEVELOPMENT AND PUBLIC HEALTH POLICY



**Course Coordinator : Prof. Harry Minas**

Global and Cultural Mental Health Unit, Melbourne School of Population and Global Health



Day/Date/Time	Topic	Faculty
<b>Day one (Monday)</b>		
<b>Mental Health Law and Policy</b>		
0900-0930	Welcome and Introduction to the Course	Prof. Harry Minas
0930-1030	Leadership for Mental Health System Development	Prof. Patrick McGorry
1030-1100	Morning Tea	
1100-1200	Mental Health Law: Development, Implementation, Reform	
1200-1300	Mental Health Policy: Development, Implementation, Reform	
1300-1400	Lunch	
1400-1630	Victorian Mental Health Law and Policy	
<b>Day two (Tuesday)</b>		
<b>Mental Health Systems</b>		
0900-0930	Discussion of Previous Day's Program	
0930-1030	A Systems Perspective on Mental Health Plans, Programs and Services	Prof. Harry Minas
1030-1100	Morning Tea	
1100-1200	Health Economics and Health System Performance	Prof. Ajay Mahal
1200-1300	Approaches to Health System Strengthening	Prof. Peter Annear
1300-1400	Lunch	
1400-1630	Victorian Mental Health Services	
<b>Day three (Wednesday)</b>		
<b>Vulnerable Populations, Disability, Human Rights and Social Inclusion</b>		
0900-0930	Discussion of Previous Day's Program	
0930-1030	Prevention, Treatment, Rehabilitation and Social Inclusion	Prof Mohan Isaac
1030-1100	Morning Tea	
1100-1200	The Convention on the Rights of Persons with Disabilities	Dr Nathan Grills
1200-1300	Mental Health and Human Rights	Prof. Harry Minas
1300-1400	Lunch	
1400-1630	The Victorian Mental Health Review Tribunal	
<b>Day four (Thursday)</b>		
<b>Implementation Failure</b>		
0900-0930	Discussion of Previous Day's Program	
0930-1030	Implementation Failure: What Is It, Why Does It Happen and How to Prevent It	Prof. Harry Minas
1030-1100	Morning Tea	
1100-1200	Effective Advocacy for Sustainable Mental Health System Development	
1200-1300	The Role of Professional Associations and NGOs	Dr Vinay Lakra
1300-1400	Lunch	
1400-1630	The Victorian Mental Health Royal Commission Interim Report	Dr Alex Cockram
<b>Day five (Friday)</b>		
<b>The Sustainable Development Agenda</b>		
0900-0930	Discussion of Previous Day's Program	Prof. Harry Minas
0930-1030	Mental Health and the Sustainable Development Agenda	
1030-1100	Morning Tea	
1100-1200	How can mental health Contribute to the Sustainable Development Agenda?	
1200-1300	How can the Sustainable Development Agenda Contribute to Population Mental health?	
1300-1400	Lunch	
1400-1600	Discussion of participants' mental health system development plans Course Evaluation Farewell	

## Leadership Programme for Mental Health Systems Development and Public Health Policy

### Logistics

Leadership Programme for Mental Health Systems Development and Public Health Policy to be organized in New Delhi and Melbourne is a training programme meant only for government medical administrators. The course fee, travel charges and hotel charges are to be paid by the sponsoring/nominating ministries/departments.

#### Accommodation

**In Melbourne:** The PARI will also arrange standard and comfortable accommodation (3 Star Hotel) for the participants for 7 nights (Sunday night to Saturday night) in Melbourne, Australia. Breakfast will be provided by the Hotel on all days.

#### Medical Insurance

The Participants are advised to get their Medical Insurance done before leaving the country. The sponsoring organization is responsible to reimburse the premium amount paid on it.

## Travel Arrangement

**Domestic & International:** The Sponsoring/Nominating organisations/departments will bear the cost for the participants' domestic travel and local conveyance for attending training programme in New Delhi as well as for return air tickets for travelling to Melbourne as per the entitlement of the participant.

## VISA Application

Once the nomination along with fee is received by us, we will send you the relevant documents to be attached while applying for visa. Application process will be completed by PARI.

## Passport

The Delegates will travel on their personal (blue) passport which must have 6 months validity from the date of visa.

## Cancellation/Refund Policy

45 days before the start of the course in Australia, the fee is transferred along with the Hotel booking instructions. However, cancellation between 45 and 30 days can be done @20% deduction. Further cancellation request can be entertained between 30 days and 15 days before the start of the course @ 50% deduction. No amount will be refunded if the cancellation is done within 15 days of the start of the course.

## FACULTY AT NEW DELHI



Course Director, PARI  
**Shri S. Bal Shekar**  
Former Secretary  
General, Lok Sabha,  
Parliament of India



Director, PARI  
**Dr. Narmadeshwar Prasad**  
Ex. Addl. Director,  
Rajya Sabha,  
Parliament of India



**Shri J. Sundriyal**  
Former Joint Secretary &  
Incharge of Parliamentary  
Standing Committee on  
Health and Family Welfare,  
Rajya Sabha

## FACULTY AT MELBOURNE, AUSTRALIA

### Course Coordinator



**Prof. Harry Minas**  
Head, Global and Cultural Mental  
Health Unit, Centre for Mental  
Health, Melbourne School of  
Population and Global Health

### Key Faculty



**Nathan Grills**  
Disability Inclusion for Health &  
Development Unit, Nossal  
Institute for Global Health,  
The University of Melbourne



**Dr. Vinay Lakra**  
President Elect, Royal  
Australian and  
New Zealand College  
of Psychiatrists



**Dr. Alex Cockram**  
Commissioner,  
Victorian Mental  
Health Royal  
Commission



**Prof. Patrick McGorry**  
Executive Director, Orygen  
Youth Health and Chair of  
Advisory Committee to the  
Victorian Mental Health Royal  
Commission



**Prof. Ajay Mahal**  
Academic, Melbourne  
School of Population  
and Global Health



**Prof. Peter Annear**  
Academic Specialist,  
Melbourne School  
of Population and  
Global Health



### PARI TRAINING INSTITUTE

504, Bhikaji Cama Bhawan, Bhikaji Cama  
Place, New Delhi - 110066

Ph.: +91-11-40159058, 46014233

Visit: [www.pari.parliament.org](http://www.pari.parliament.org)

Email: [pari.parliament@gmail.com](mailto:pari.parliament@gmail.com)

### Contact persons

**Amit Kumar** - Ph: 9250041680

**Faguni Pandit** - Ph: 8527275170

### Fee Payment

Draft/Cheque/NEFT/RTGS in favour of PARI TRAINING  
INSTITUTE LLP, should be paid to bank mentioned below:

Agency Name as per Bank : **PARI TRAINING INSTITUTE LLP**

Name of the Bank : **HDFC Bank**

Branch Address: **Ansal Chamber-1, Bhikaji Cama Place,  
New Delhi-110066**

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IFSC Code : **HDFC0000678**

MICR Code : **110240104**

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