

LEADERSHIP FOR MENTAL HEALTH SYSTEM DEVELOPMENT (LMHSD 4)

MELBOURNE, AUSTRALIA

For Officers of
Government of India,
Autonomous Health
Institutions and State
Governments

20th - 28th Feb, 2026



M E L B O U R N E

Jointly organised by



PARI Training Institute,
New Delhi



Melbourne School of Population &
Global Health, University of Melbourne



Email: training@pariparliament.org
Visit: www.pariparliament.org

UPCOMING BATCH

Course Schedule

Batch IV : 20-28 February, 2026

Last date for nominations

31 December 2025

LEADERSHIP FOR MENTAL HEALTH SYSTEM DEVELOPMENT (LMHSD 4)

Why this Programme?

Mental Health is becoming a dominating public health issue in the world and a report by the World Health Organization (WHO) revealed that 7.5 per cent of the Indian population suffers from mental disorder but unfortunately but very few experts are available to handle these cases. Consequently, the International Course titled Leadership for Mental Health Systems Development is designed to help the officers responsible for tackling this major national problem. The one-week course in New Delhi & Melbourne will give participants exposure to Mental Health Laws, Policies, and services provided to vulnerable groups in society and their social inclusion, as well as the opportunity to compare mental health systems operating in India and Australia. This course will immensely help in Capacity Building of the officials working in the area of Mental Health to strengthen mental health systems.

About the Course

Leadership for Mental Health Systems Development is a comprehensive capacity building exercise in efficient mental healthcare delivery for developing countries. It addresses the fundamental problems plaguing the mental healthcare infrastructure of India. The course is structured to take a multidisciplinary approach in tackling the sensitive issue of mental healthcare in India.

About Global and Cultural Mental Health Unit, University of Melbourne

The Global and Cultural Mental Health Unit, University of Melbourne works to improve mental health and reduce mental illness in low resource settings and among vulnerable populations in Australia and internationally. Prof. Harry Minas, Global and Cultural Mental Health Unit is a world renowned mental health expert.

ABOUT PARLIAMENTARY AND ADMINISTRATIVE RESEARCH INSTITUTE (PARI)

Parliamentary and Administrative Research Institute was established with a view to undertake meaningful research on parliamentary, administrative and policy issues in India and provide capacity building courses which enable the stakeholders to deal with policy formulation and implementation efficiently. The capacity building courses which include Public Policy Management, Public Health Policy Administration and Leadership Programme on Mental Health Systems are tailor-made for Health Administrators of the Central Government, State Government, Autonomous bodies and centrally aided institutions. The Faculty at the PARI is headed by Sh. S. Bal Shekar, Former Secretary General, Lok Sabha.

Duration: 9 Days

Eligibility: Mid-level officers/administrators nominated by the Competent Authority.

Fees:

(The fees include Training fee in New Delhi and Melbourne, Australia, 6 nights of 3 star Hotel accommodation with breakfast in Melbourne, pick up and drop service at Melbourne Airport.)

Note: It does not include travel fare from New Delhi to Melbourne and return; domestic travel to Delhi and return; accommodation and local conveyance; also it does not include meals in Melbourne.

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Proposed Date: 20-28 February, 2026

20 February, 2026 (Friday)	Orientation Lectures in New Delhi
21 February, 2026 (Saturday)	Departure from New Delhi
22 February, 2026 (Sunday)	Arrival in Melbourne
23-27 February, 2026 (Monday - Friday)	Detailed Training Programme Organised by Melbourne University, Australia Tentative Schedule enclosed
28 February, 2026 (Saturday)	Departure from Melbourne

Course Director: Prof. Harry Minas

Global and Cultural Mental Health Unit, Melbourne School of Population and Global Health

23-27 February 2026 (Monday-Friday)

The topics covered are:

1. Mental Health System Principles and Implementation Failure

- Introduction to the Program
- India's Mental Health System : Problems, Progress and Opportunities
- Core Principles of High Performing Mental Health Systems
- Why Principles Fail in Implementation and Implementation Failure in India
- Implementation Models and Tools

2. Mental Health System Governance - Global and Indian Perspectives

- Discussion of Previous Day's Program
- Mental Health Law and Policy
- Financing Mental Health Systems
- Quality and Safety in Mental Health Care
- Accountability , Quality Assurance and Regulation

3. Service Delivery, Integration and Community - Based Care

- Discussion of Previous Day's Program
- The Continuum of Care in Mental Health Systems

- Community - Based Care and Psychosocial Rehabilitation
- Mental Health Human Resources
- Digital Mental Health and Innovation

4. Mental Health Information Systems, M&E and Strategic Planning

- Discussion of Previous Day's Program
- Mental Health Information Systems (MHIS)
- Monitoring & Evaluation (M&E) for Mental Health Programs
- Mental Health Systems Research : Capacity and Advocacy
- Strategic Planning for District Mental Health Systems

5. Small Group Work on Mental Health System Development Priorities

- Synthesize discussions across the week
- Small Group Work Focused on Priority Populations (e.g. women, migrant workers, students, LGBTQI+, elderly)
- Learn outcome measurement and M&E for mental health
- Build strategic plans for state/ district -level strengthening
- Course Reflection & Close

Leadership for Mental Health System Development (LMHSD 4) (Melbourne, Australia)

Logistics

Leadership Programme For Mental Health Systems Development to be organized in New Delhi and Melbourne is a training programme meant only for government medical administrators and administrative heads in the Ministry of Health, Ministry of Women and Child welfare at Central and State Government levels. The course fee, travel charges and hotel charges are to be paid by the sponsoring/nominating ministries/departments.

Accommodation

In Melbourne: The PARI will also arrange standard and comfortable accommodation (3 Star Hotel) for the participants for 6 nights in Melbourne, Australia. Breakfast will be provided by the Hotel on all days.

Medical Insurance

The Participants are advised to get their Medical Insurance done before leaving the country. The sponsoring organization is responsible to reimburse the premium amount paid on it.

Travel Arrangement

Domestic & International: The Sponsoring/Nominating organisations/departments will bear the cost for the participants' domestic travel and local conveyance for attending training programme in New Delhi as well as for return air tickets for travelling to Melbourne as per the entitlement of the participant.

VISA Application

Once the nomination along with fee is received by us, we will send you the relevant documents to be attached while applying for visa. Application process will be completed by PARI. The visa charges are included in the Training Fee.

Passport

The Delegates will travel on their personal (blue) passport which must have 6 months validity from the date of travel, which means your passport must be valid upto 22nd August 2026.

Cancellation/Refund Policy

45 days before the start of the course in Australia, the fee is transferred along with the Hotel booking instructions. However, cancellation between 45 and 30 days can be done @20% deduction. Further cancellation request can be entertained between 30 days and 15 days before the start of the course @ 50% deduction. No amount will be refunded if the cancellation is done within 15 days of the start of the course.

FACULTY AT NEW DELHI, INDIA



Course Director, PARI
Shri S. Bal Shekar
Former Secretary
General, Lok Sabha,
Parliament of India



Prof. (Dr.) Rajinder K. Dhamija, (Honorary Faculty),
Director, Institute of Human Behaviour and Allied Sciences (IHBAS)



Dr. Sulagna Chattopadhyay
Director, PARI & Founder Editor, G'nY Magazine

FACULTY AT MELBOURNE, AUSTRALIA

Course Director



Prof. Harry Minas
Global and Cultural Mental Health
Unit, Centre for Mental Health,
Melbourne School of Population
and Global Health

Key Faculty



Prof. Graham Meadows
Director of Southern
Synergy, Monash
University



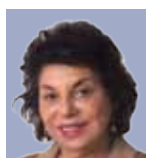
Prof. Patrick McGorry
Executive Director,
Orygen Youth Health,
University of Melbourne



Prof. Jane Pirkis
Head of the Centre
for Mental Health and
Wellbeing, University
of Melbourne



Prof. Ajay Mahal
Professorial Fellow,
Nossal Institute for
Global Health, University
of Melbourne



Manjula O'Connor
Adjunct Professor,
School of Social
Sciences, University
of Melbourne



Dr Astha Tomar
President, Royal
Australian and New
Zealand College of
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Fee Payment

Draft/Cheque/NEFT/RTGS in favour of PARI TRAINING INSTITUTE LLP, should be paid to bank mentioned below:

Agency Name as per Bank : **PARI TRAINING INSTITUTE LLP**

Name of the Bank : **HDFC Bank**

Branch Address: **Ansal Chamber-1, Bhikaji Cama Place,
New Delhi-110066**

Account Number : **50200046748750**

IFSC Code : **HDFC0000678**

MICR Code : **110240104**

PAN No. : **AAAYFP0495N**

GSTIN: **07AAAYFP0495N1Z9**